

AGE UK'S LEEDS 10K ABBEY DASH



Run one of the fastest 10ks in the country on
Sunday 16th November 2014 and help more people to love later life.

To enter, visit www.ageuk.org.uk/dash or call **0800 169 8787**.

AGE UK'S LEEDS ABBEY DASH

2014 APPLICATION FORM

10K

To enter online, visit www.ageuk.org.uk/dash or call **0800 169 8787**.

Title: First name: Surname:

Home address:

City: Postcode:

Daytime tel no: Email:

Male Female DOB Predicted time:

Emergency contact: Contact tel no:

T-shirt size: Small Medium Large X-Large

I confirm that I have read the race rules on the Age UK website



Where did you hear about the Age UK Leeds Abbey Dash?

Earlybird entry: **£20**

Earlybird UKA affiliated entry: **£18**

Earlybird valid until August 31 2014

Full price entry: **£22**

Full price UKA affiliated entry: **£20**

UKA Affiliated Club name: Membership no:

I'd like to make an additional donation to Age UK: **£5** **£10** **£20** **£50** **Other**

Total amount to pay (entry fee plus any donation): **£**

I enclose a cheque for **£**

OR: I would like be contacted by the Events Team to take payment over the phone

Please send your entry form to:

Age UK Events Team, Tavis House, 1–6 Tavistock Square WC1H 9NA

DATA PROTECTION We will use the information you have supplied to communicate with you in line with Data Protection guidelines. Age UK (registered charity no 1128267) comprises the Charity, its group of companies and national partners (Age Cymru, Age Scotland and Age NI). If you would prefer not to hear from them do let us know by phoning 0800 107 8977. By providing your email address and/or mobile number you are agreeing to us contacting you in these ways. You may contact us at any time to unsubscribe from our communications.