



Bolton United Harriers & A.C.
present their annual



BOLTON 10K

Sunday, 22nd April 2018
Starting at 10am

Leverhulme Park, Long Lane, Bolton, BL2 6EX

COURSE: Two laps on undulating roads around and within Leverhulme Park, incorporating a Grandstand start and finish.

AND

ONE MILE FUN-RUN

Starting at 9am



UK Athletics Permit: 2018-34825



Course No.: 11/333

Tech T-Shirts to all 10K finishers

10K Fees

Entry. £11 Affiliated.
Fees * £13 Unaffiliated.

Enter before 31st Jan for
'Early Bird' £1 discount

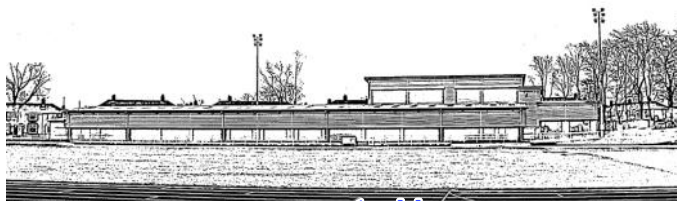
10K Conditions

NO ENTRIES ON DAY.
Entries non-transferable.
No refunds or deferrals.
Minimum age: 15.
Race limit: 850.
No earphones.
Full T&Cs on website.

Fun-Run Info

Entry. £4 Pre-entry.
Fees * £5 Entry on day.

Chip Timing | SMS Results
Mementos to Fun-Run finishers



supported by

UP & RUNNING



10K Prizes*

Cat	Men	Women
Open Age:	1st 10	1st 7
U/20:	1st	1st
O/35:	—	1st 2
O/40:	1st 2	1st 2
O/45:	1st 2	1st 2
O/50:	1st 2	1st
O/55:	1st	1st
O/60:	1st	—
O/65+:	1st	—
Teams:	1st 2 (Teams of 4)	1st 2 (Teams of 3)
Course Record: £50 Cash	32:05 (2017)	37:54 (2017)

*One individual prize (+ record) per person.
Race is in age category, except main race.
All prizes at discretion of Race Committee.

More details at WWW.BOLTON10K.org official website

Mail entry form and fee to:

BOLTON 10K
17 GREAT STONES CLOSE
EGERTON
BOLTON
BL7 9UY

Cheques payable to:

"Bolton United Harriers & AC"

Postal entry closing date: 15th April.

No SAE required. Race details available by email and website, and will only be sent out (by SAE) if no email is provided.

Race chip and number to be collected on the day from Leverhulme (indoor track).

Or enter online at any of:

www.bookitzone.com
www.ukresults.net
www.race-results.co.uk

Online entry closing date: 18th April.

Please use
BLOCK
CAPITALS

Surname: _____ Forename: _____

Address: _____

Post Code: _____ DoB: _____ Age On Race Day: _____ Sex: M / F

Email: _____ (DD/MM/YY) Min. Age: 15 (Please delete)

Mobile: 0 7 _____ Phone Home or Emergency: _____ (Include area code if not 01204)

UKA Club: _____ UKA Reg #: _____ T-Shirt: S / M / L / XL Preferred Size: _____ (Please delete)

Medical Conditions: None Known / Yes: _____ Race & Fee Enclosed (Please indicate)

Waiver: I am an amateur as defined by the rules of UK Athletics and agree to abide by their rules. I accept there is a level of risk in endurance running. By starting the race, I declare I am medically fit and understand the organisers and supporters will not be held responsible for any loss, injury, illness or damage which may result from my taking part.

Signature (AND signature of parent or guardian if under 18 years of age) _____ Date _____

Affiliated	£11		Fun Run
10K After 1 Feb	£13		
Unaffiliated	£13		£4

Admin use
18v3
BUHr/p
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