

DIRECTIONS: Interstate 70 East/West, Exit #202 (Barnesville/Dennison). Go 5.5 miles on State Route 800 South. When you reach the Certified Gas Station @ the top of the hill, proceed 0.25 mile. Make an extreme right U- turn. Follow signs to Park Entrance.

COURSES: Courses are contained inside Park property. Both the Run and the Walk start near the Youth Center, proceed down the hill to the Rotary Lake on the trail for two loops and back. The course will be marked. The Trail is crushed limestone.

KID'S FUN RUN is 100 meters long and will start at the finish line of the 5k IMMEDIATELY AFTER the 5k finishes. All kids will receive a "Finishers Award".

AWARDS: Hand-crafted, beautiful, and unique; Awards are based on last year's results and will be given out in the following categories/divisions:

Walkers: 1. Top 10 Male, Top 10 Female 2. Top 2 Masters (50+) 3. Males and Females in Age Groups as indicated:

Age Groups: (Male Walk): Top 3 49+ Under, Top 3 50+ Over; **(Female Walk):** Top 1: <29, 30-34, 35-39, 40-49, 50-54, 55-59, 60-64, 65+

Remember, if you register as a Walker, YOU MUST WALK the entire race. By definition, one foot must remain on the ground at all times. Jogging or Trotting is considered slow running, not fast walking.

Runners: 1. Top 5 Male, Top 5 Female 2. Top 2 Masters (40+) 3. Top 2 Male & Female in Age Groups unless otherwise indicated

Age Groups: (Male Run): 10+ Under, 11-14, 15-19, 20-29(3), 30-39(3), 40-49, 50-59, 60+ Over (3); **(Female Run):** 14+ Under, 15-19, 20-29(3), 30-39(3), 40-49(3), 50-59(3), 60+ (3)

NO DUPLICATIONS! NO REFUNDS!

PHOTOS: Ron Pradetto Photography:
www.RonPradetto.com

DOOR PRIZES: All registered participants will be eligible for door prizes. (Must be present to win)

EXTRAS: Come join us for Pizza, Fruit, Snacks and other refreshments provided by Emerald Pointe.



The 1st 130 Registered will receive a hooded sweatshirt. The next 80 will get a long-sleeved shirt. Sizes are NOT guaranteed: First come, first served. There will be no re-ordering of shirts!

Entry Fee: 5K Run/Walk Pre-Registration: \$20.00
After March 20 & Race Day: \$25.00
Kid's Fun Run: FREE

MAKE CHECKS PAYABLE TO:

KIDZ ROAD RACING
808 North Chestnut Street
Barnesville, OH 43713

CONTACT INFO:

Carl A. Kondrach, Director
(740)619-0070/(740)310-2117

carlkondrach@yahoo.com

www.facebook.com/barnesvillegrandprix

RESULTS: Results may be viewed at the following sites a few days after the event:

www.RailsToTrails5K.com

www.ovgrandprix.com

www.TheRaceDeal.com



This race is the 3rd in the Ohio Valley Grand Prix Series.

This race is the 1st race in the Barnesville Grand Prix Series.

This race is the 1st in the Ohio Valley Trail Running Series.

This race is part of the Washington Co. (Pa.) Road Runners Club Series.

PROCEEDS WILL BE DIVIDED BETWEEN KIDS PROGRAMS AT THE PARK (KPAP) AND EARMARKED FOR TRAIL MAINTENANCE/UPKEEP

2014 Park/Lake 5k (Please PRINT)

NAME: _____

ADDRESS: _____

CITY, STATE, ZIP: _____

PHONE: _____

EMAIL _____

AGE ON MARCH 29: _____

BIRTHDATE: _____

GENDER: MALE _____ FEMALE _____

RACE: RUNNER _____ WALKER _____

Shirt size preference: **S** **M** **L** **XL** **2XL**
(+\$1.00)

PLEASE CHECK ONE: AMOUNT

_____ KIDS FUN RUN (3+ over please) FREE

_____ Run/Walk **EARLY ENTRY FEE** \$20.00

_____ Run/Walk Fee **AFTER MARCH 16** \$25.00

WAIVER: In submitting this entry, I, intending to be legally bound for myself, my heirs, executors, and administrators, waive, release and forever discharge any and all rights and claims which I may hereafter accrue against any event sponsors, event volunteers, event staff, and their officers, directors, agents, successors and/or assigns for any injuries suffered by me at this event while traveling to and from the event or while participating in it. I attest and verify that I am physically fit and sufficiently trained for competition of this event. I understand that I may be photographed and agree to allowing my photo, video, or film likeness to be used for any legitimate purpose by the aforementioned parties.

X

SIGNATURE (PARENT/LEGAL GUARDIAN if under 18) DATE

Barnesville Grand Prix Series



Series Sponsors:



Barnesville 740-425-6000
St. Clairsville 740-695-0300
JoesTiresAndService.com



130 West Main Street
740-425-4300
BarnesvilleOhioChamber.com

Parker & Parker
Insurance and Financial Services
139 West Main St
Barnesville, OH 43713
740-425-2222
740-425-4467 (fax)
www.ParkerAndParkerIns.com

Ohio Valley Trail Series

The OVTS is comprised of 3 Trail events. Those who complete all three earn some sort of racing gear!
The Barnesville Park/Rotary Lake 5k Trail Walk & Run is scheduled for Saturday, March 29, 2014 @ 9:15am. It is held at Barnesville's Memorial Park.
The Faith, Family, & Friends 5k Run & Walk is scheduled for Saturday, May 10, 2014 @ 9:00am. It is held at the Zion Christian Retreat & Nature Center.
The Barkcamp Race is scheduled for Saturday, October 4, 2014. Start times vary depending on which distance you're completing. **10- or 20-Mile Trail Run** or **5- or 10-Mile Trail Walk** are featured.

You can register for these races at:
www.TheRaceDeal.com

6th Annual Barnesville Park/ Rotary Lake 5k Trail Walk/Run And Kids Fun Run

Barnesville Park/Rotary Lake



5k Trail Run & Walk



The Sign of a Great Roof

Taking **Strides** Towards Better Health
GRAND PRIX SERIES
Centrelown Fitness HEALTH PLAN Hole-n-Run
OGDEN NEWSPAPERS Undo's

Date: Saturday, March 29, 2014
5k Run Start: 9:15am
5k Walk Start: 9:16am
Fun Run Start: 10:30am (Approx.)
Registration: 7:30am – 8:45am

***To avoid longer lines,
please arrive early OR:**

REGISTER ONLINE AT:

