

**SOUTHEND HALF MARATHON  
SUNDAY 9TH JUNE,  
EAST BEACH SHOEBURY**

**RUNNING  
JUST GOT  
SERIOUS**



**Experienced runner or new to the distance?**

Sign up for Southend's premier running event today. A lovely coastal route along Southend's seafront. It's flat, traffic free and ideal for a personal best. Every mile you run will be 'making every day count' for the children, adults and families we care for.

For more information, contact Judy Grocott on **01702 220 304** or send an email to [jgrocott@havenshospices.org.uk](mailto:jgrocott@havenshospices.org.uk)



Havens Hospices incorporates Fair Havens Hospice and Little Havens Hospice  
Registered Charity Number 1022119

**EVERY MILE  
MAKING EVERY  
DAY COUNT**

**OLYMPUS**

Olympus KeyMed  
in Support of the Community



Complete one form per booking in CAPITALS. You may photocopy this form if needed.  
Alternatively you can book online at [www.havenshospices.org.uk/southendhalf](http://www.havenshospices.org.uk/southendhalf)

## 1 ENTRY DETAILS

Title	<input type="text"/>	First Name	<input type="text"/>	Surname	<input type="text"/>
Club or Team Name (if applicable)	<input type="text"/>				
Home Address	<input type="text"/>				
	<input type="text"/>			Postcode	<input type="text"/>
Daytime Tel	<input type="text"/>	Mobile	<input type="text"/>	DOB	<input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/>
Age (on race day)	<input type="text"/> <input type="text"/>	Male	<input type="checkbox"/>	Female	<input type="checkbox"/>
Email	<input type="text"/>				
PREFERRED METHOD OF CONTACT <input type="checkbox"/>					

## 2 ENTRY FEES

Half Marathon (non-club affiliated):	<input type="text"/>	at £17.00 each	£	<input type="text"/>	:	<input type="text"/>
Half Marathon (club affiliated):	<input type="text"/>	at £15.00 each	£	<input type="text"/>	:	<input type="text"/>
I wish to donate	£	<input type="text"/>	:	Total Payment	£	<input type="text"/>

- No Refunds on Entry Fees

### GIFT AID INFORMATION

Gift Aid enables the charity to reclaim the tax you have already paid on the amount of your donation. Thus for every £10 you donate the charity can reclaim £2.50 from the Inland Revenue – this costs you nothing, simply tick the box below. You must pay an amount of Income Tax and/or Capital Gains Tax at least equal to the tax that the charity reclaims on your donations in the appropriate tax year (currently 25p for each £1 you give).

### GIFT AID DECLARATION

I want Havens Hospices to treat all donations I have made for this tax year and the four years prior to the year of this declaration, and all donations I make from the date of this declaration until I notify you otherwise, as Gift Aid donations. **PLEASE TICK**

*giftaid it*

### DECLARATION

Please enter me in the 2013 Southend Half Marathon. I am medically fit to run, and understand that the organisers, sponsors or an assisting person or persons will be in no way held responsible for any injury, illness, loss or damage to my person or property incurred during or as a result of the event, or for any damage caused by me to other persons' property. I understand that the organisers reserve the right to refuse entry for any reason.

SIGNED	<input type="text"/>	Date:	<input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/>
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How did you hear about this event	<input type="text"/>
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### DATA PROTECTION ACT

Information contained on this form will be stored on computer by the race organisers. It may be made available to certain organisations and from time to time you may receive information about products, services and events relevant to runners.

If you do not wish to receive such information, **PLEASE TICK**

If you do not wish your details to be passed on to the official race photographer, **PLEASE TICK**

### Please return your completed entry form, together with your cheque or postal order to:

Havens Hospices, Southend Half Marathon, Stuart House, 47 Second Avenue, Westcliff on Sea, Essex, SS0 8HX. After processing your entry form your race details will be forwarded onto you. Please return the form as soon as possible. Entries close 31st May 2013. Half Marathon entry on the day is an extra £5.00. Late Entry Desk will close at 9.30am.