

# Aviemore 10K For All

## SUNDAY 13<sup>th</sup> OCTOBER 2013



(SAL Permit held under UK Athletics Rules)

*This event is suitable for all abilities. Mainly downhill road route from Glenmore, finishing alongside the Aviemore Half Marathon at Macdonald Aviemore Highland Resort*

**Proceeds from the event will go to support the Speyside Trust Badaguish Centre by Aviemore, a Scottish charity helping people of all abilities enjoy the outdoors.**

To help sponsor Speyside Trust – please request/download a sponsor form or make a page on [www.justgiving.com](http://www.justgiving.com)

**ENTRY FEE: NON-ATHLETICS SCOTLAND MEMBER £22  
ATHLETICS SCOTLAND MEMBER £20**

**PLEASE COMPLETE ALL SECTIONS BELOW USING BLOCK CAPITALS**

Male  Female  Disability  (we will contact you regarding any special requirements)

Title:.....

Surname:.....

First Name:.....

Address:.....

.....

Town/City:.....

Postcode:.....

Tel No:.....

Email:.....

Date of Birth:..... Age on Race Day:.....(Must be aged 16 or over)

Estimated Finishing Time: Hours.....Mins.....

**ENTRY FEE ENCLOSED:** (please tick)

**£22**  **Non-Athletics Scotland Member**    **£20**  **Athletics Scotland Member**

Athletics Scotland Membership Number:.....

Full Club Name (if applicable):.....

(Note no £20 entries will be accepted without Athletics Scotland Membership Number)

**ALL CHEQUES PAYABLE TO THE SPEYSIDE TRUST**  
**ENTRY FEES ARE NON-REFUNDABLE**

### Data Protection

Your personal details will be held solely for the purpose of event administration, results and sending information on future events. We may use images from the event for website and PR purposes. No data will be passed to any third party or agency. If you object to images of yourself being published, please tick this box

**Declaration:** I declare that I am medically fit to run/take part in the event and understand that I do so at my own risk and that the organisers will not be liable for any loss, damage action, claim cost or expenses which may arise as a result of my taking part in this event or from any postponement or cancellation of this event for whatever reason. I agree to be bound by the laws and rules of UK Athletics.

Signed ..... Date.....

Please post completed entry form and fee to **Aviemore 10K for All  
Badaguish Outdoor Centre  
Aviemore  
Inverness-shire  
PH22 1QU**

**A list of accepted entries will be available on the website  
For further information visit: [www.aviemorehalfmarathon.org](http://www.aviemorehalfmarathon.org)**

**Email: [events@badaguish.org](mailto:events@badaguish.org)  
Tel: 01479 861285 option 3**

### **OFFICE USE:**

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