

#### Cash prizes in all Veteran & Open categories

Men Open over 40 over 45 over 50 over 60
Women Open over 35 over 40 over 45 over 55
Cash Prize First Under 20yrs Male & Female sponsored by Sport2schools

One prize per athlete except team prizes

1<sup>st</sup> & 2<sup>nd</sup> Team Prizes (3 to count). Sponsored by Wetherby Osteopaths.

'The Gray Cup' awarded to the 1<sup>st</sup> local runner.(Residents in Wetherby postcode areas LS226 & LS227).

Prizes awarded based on 'Gun to Mat' times, not 'Mat to Mat' times.

If a veteran wins an open prize this frees up an extra veterans prize

Race chip timing by Sport Systems.co.uk - with Mat to Mat & Gun to Mat finishing times.

With Thanks to Yorkshire Bank for sponsorship of Bottled Water



### In 2012 Wetherby & District Lions are supporting

Registered Charity Number. 109974



### The Shaun Lee Johnstone Fund - Registered Charity Number: 1060627

Ray Johnstone tragically lost his son Shaun in 1998 when he was only 16 years old. Shaun died within five months after complaining to his GP about headaches and shaking in his left hand. Unfortunately nothing was done and neither Shaun nor his parents were told of the possible connection. Ray and his wife Paula have been tireless fundraisers for SDBTT since that time.

They have now raised over £40,000! A great many activities and events have been planned and undertaken and Ray has been successful in helping to raise the profile of the Trust in his local area of North Yorkshire. Ray and Paula are always happy to hear from people wishing to help them with their fundraising efforts and you can contact Ray and Paula at Boroughbridge on tel: **01423 325394** 

### Back by popular demand for 2012. Wetherby 10k - Corporate Challenge.

Enter the 10k and also encourage work colleagues to join in too.

On the entry form Enter your Company Name: (. I.E. 'Harts Jewellers')

Enter your Team Name: (I.E. Hearts of Gold)

Nominate a Team Captain and give : Contact Phone Number:

For teams of three runners. Either: All male, All Female or Mixed.

Club Runners and Unattached Runners are eligible for the corporate challenge - no extra cost.

See Wetherby Runners Web Site for full details and conditions.

#### Wetherby 10k - The Gray Cup . First Local Runner.

To be eligible for this annually awarded cup the runner must be resident in the Wetherby postcode areas of either LS22 6 or LS22 7

Club Runners and Unattached Runners are eligible for the Gray Cup - no extra cost.



By Arrangement with Days Inn – Junction 46 (A1-M) Wetherby Special Room Rates of £45.00 for Accommodation On 8<sup>th</sup>/9<sup>th</sup> Sept. Tel 01937 547557

For Booking Terms visit Web site: www.wetherbyrunnersac.co.uk





Concept House, Sandbeck Way, Wetherby, LS22 7DN

## swift research

BARR REF: 607

Gold Multi Grade

moores

Race run under UKA Ruless

Permit No 2012 103614

## The Wetherby Run

# 'A Cracking 'little' Yorkshire run

### The Wetherby 10 km Race

Sunday 9<sup>th</sup> September 2012 at 2pm.

A generally flat 10 km(club measured) course on road and bridleway trails.

also 'Moores' Mini Marathon – Family Fun Run (1.8miles)

Incorporating a race in the Inaugural 'Leeds Race Series'.

An event hosted by **Wetherby Runners A.C.** with assistance of **Wetherby & District Lions.** 

Race Limit - 1000 runners

A Chip Timed Event - sponsored by

Timing by 'Sport Systems.co.uk'

**Supporting the Shaun Lee Johnstone Fund** 

Umbrella Group of The Samantha Dickson Brain Tumour Trust.

Registered Charity No. 1128354



Substantial cash prizes for first male and first female winners under 31min.45 sec & 35 min. 30 sec. respectively.

Starting and finishing at Wetherby Racecourse, off York Road, Wetherby. LS22 5EJ.

Awards to all finishers.

Entry Fee: £11.00 UKA club member- £13.00 un-attached runner Last Postal entry to be received by 1st September 2012.

Enter on line at http://www.ukforms.net/onlineentries.html

### **Race Entry**

Race cheques should be sent with entry form and made payable to: <u>'Wetherby Runners A.C.'</u>
Also include a 240mmx165mm stamped self addressed envelope (A5 sized) Send to:

### Entry Secretary, Low Brae, Linton Hills Road, Linton, Wetherby, LS22 4HQ

- 1. 10 k competitors must be 15 years of age or over on the day of the race.
- 2. Due to the nature of the course we are unable to accept entries from wheelchair athletes. Accompanying dogs & cycles are not permitted.
- 3. No accompanying dogs or cyclists allowed. Runners are reminded to adhere t the 'Country Code' on off-road sections
- 4. Results will be posted on club website www.wetherbyrunnersac.co.uk within 48 hrs of the finish.
- 5. Please contact Entry Secretary if you need to change runner details later. (Don't run on someone else's number)
- 6. In accordance with UKA Personal Safety Recommendation. The use of I-pods or MP3 players is not permitted. Infringement =No results published)
- 7. Fun Run (1.8 miles approx) start at 12.45pm. At £3.50. Only a limited number of entries are available on the day. There is no minimum age for fun runners but under 7's must run with a fee paying adult. Prizes awarded to first 5 runners aged 15 years or under. All finishers are medal winners.
- 8. The course distance has been measured by surveyors wheel. Trail races are not permitted for accurate distance certification if greater than 10% off road. There is a 1.2km section of hard packed gravel therefore 'The Association of U Course Measurers' cannot certify the 10km distance.

### Please use On-Line Entry System as first preference

Race numbers and information booklet will be posted to you 4 weeks before race.

Have you included? 1. Your entry form - 2. Your entry fee - 3. Your A5 size stamped self addressed envelope  $(240mm \times 165mm \text{ and } a 2^{nd} \text{ Class STAMP})$ 

We do not intend to have Entries on the day. If these become available notification & Instructions will be given on the rac web site no earlier than 01-09-12.

I wish to enter 'The Wetherby Run 2012'. I declare that I am an amateur as defined by UKA rules. I certif that I am medically fit to run the 10Km race. I agree that the organisers will in no way be held responsible

for any injury or illness incurred to my person during or as a result of the event. **Please sign below**Your Details are protected by The Data Protection Act.

Title	First	First Name				S	Surname							M	F		
Address									P	Postcode							
													•				
Wetherby Post				Postc	Entry: Y / N tcode. 2 6 & LS22 7 only.			Contact Phone No									
Age on race day	UK	UKA Club name					Membership No										
Men U20	Оре	en C	<b>)</b> 40	O45	O50	O60	,	Women	U20	(	Open	O3.	5 (	O40	O45	5 C	55
10k Tick		Fun Run ick			Signed by all entrants or Parent/guardian for under 18 years												
For Corporate Challenge:					Company Name Team Name  Encashment of your entry cheque confirms your race entry.												

Save time by entering on-line at <a href="http://www.ukforms.net/onlineentries.html">http://www.ukforms.net/onlineentries.html</a>



Date

Paid

First

Name

Surname

### Shaun Lee Johnstone Fund Umbrella Group of The Samantha Dickson Brain Tumour Trust.

Registered Charity No. 1128354

Address

please give your full address incl postcode

Amount

Post

code

Please support 'The Shaun Lee Johnstone Fund' by using the form below to display at work or pass among
family & friends.

...... will be Participating in Wetherby 10k . Please help by sponsoring their race.

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55					
	Please send sponse	or money chequ	e (payable to 'Wetherby Distric	t Lions')	to:

Wetherby District Lions Club, c/o Terry Burns 23 Beechwood Rise, Wetherby, LS23 6JS. Please also include the following info: Name of runner, your address & a daytime telephone No.

Race Details: Sunday 9<sup>th</sup> September 10k-Start 2pm. Mini Marathon Start 12.45pm